

Lend An E.A.R.

Eleanor, Ashley, & Rebecca







Purpose

- **Raising Awareness:** By discussing important feminist topics such as the ones we are about to show you, we are shedding light on important but often overlooked issues.
- Intersectionality: Emphasizing intersectionality highlights the importance of being aware of how various social identities interact and shape individuals experiences. We try to aim to explore how race, gender, sexuality, and ability intersect to influence different life experiences by using examples from our own lives.
- **Personal Connection:** Each of us brings out own unique stories and perspectives to the discussion. By sharing our personal stories, we demonstrate the diversity of experiences within our chosen topics and emphasize the importance of acknowledging individual differences.
- **Encouraging Dialogue:** Through our chosen medium (a podcast), we aim to foster open and honest dialogue about sensitive topics. By creating a platform like this, we want to encourage anyone that listens to reflect on their own experiences and engage in conversations that may have been previously avoided or stigmatized.
- Empowerment and Support: Ultimately, our goal is to empower those who have been affected by these issues (or any other issues that we did not talk about) by validating their experiences and providing resources and support. By creating a sense of community and solidarity, we aim to inspire positive change and advocate for social justice.

Interests



Eleanor:

Interests: Intersectionality between Race & Gender

Discrimination and Malpractice in Healthcare

Disparities of Resources for Mental Health Advocacy

Ashley:

Interests: Intimate Partner Violence & Intersectionality/Mental Health & Intersectionality

In class vulnerability and discussions sparked ideas for the project!

Rebecca:

Interests: Feminist Disability Studies & How Intersectionality Affects Those With Disabilities

Discrimination and Malpractice in Healthcare, including therapy and psychiatry

Aligning with Group's Goals:



- **Topic Selection:** We began by identifying a range of topics that are relevant to our personal lives as well as align with the themes in our class. We all came together because we all liked the idea of doing a podcast.
- **Research and Preparation:** Once we narrowed down our topics, we researched extensively to learn more about the statistics, dynamics, and intersectional aspects of each issue. This research serves as the foundation of our podcast episodes, ensuring that we approached each topic with an informed perspective.
- Personal Reflection and Storytelling:
 Drawing from our own lived experiences or sharing stories about those close to us, we each shared personal stories and reflections related to our topics. This allowed us to add authenticity and empathy to our discussions.

- Intersectional Analysis: Throughout the project, we consistently applied an intersectional lens to our discussions. We ensured that our conversations reflected the complexity of these intersections (race, gender, sexuality, ability and socioeconomic status), and avoided oversimplification.
- **Podcast Production:** We used a variety of technologies to produce our podcast episodes. This involved scripting, recording, editing, and soon publishing each episode.
- **Promotion and Outreach:** To maximize the impact of our project, we created multiple social media accounts and we plan to start actively promoting the podcast with actual clips soon. We will try to encourage listeners to engage with our content, share their own stories, and join the conversation.
- Feedback and Reflection: Finally, we have been getting feedback to continuously improve our project. We have been able to reflect on our work, identified areas for growth, and have worked hard to reach our shared goals in an effective way.

Audience?

- Students: We aim to engage students who are interested in exploring complex social issues and learning from diverse perspectives.
- Educators: We feel our content can facilitate classroom discussions, critical thinking exercises, and research assignments related to IPV, women and mental health, disabilities, campus violence, healthcare intersectionality and more.
- Advocates and Activists: Individuals involved in advocacy around women's rights, gender equality, mental health awareness, campus violence awareness, and disability rights are apart of our audience. We aim to provide them with more insight, information, and inspiration to further their advocacy efforts and promote positive social change.
- General Public: While our content is focused on specific topics within women's and gender studies, it is designed to be accessible and engaging for a broader audience. We want to welcome anyone who is curious about these topics and seeks to deepen their understanding of social justice issues and intersectionality.



How This Project is Feminist

What makes your project "feminist?"

Lend An E.A.R. Podcast is a safe space for feminists and for those interested in learning more about feminism as a whole. As we discuss the importance in addressing discrimination and negative stereotypes, we also tie in our personal experiences and the experiences of those around us. Additionally, advocating for minorities, which includes advocating for the fair treatment of women, is what makes this project feminist.

Furthermore, as it will be shown in the podcast, we discuss some current events such as the 4b movement, which directly discusses issue that women are currently facing.

How We Worked Together as Feminists

How did your team work together as a group and did you use a feminist approach to the project's format or division of labor?

Each team member contributed to the project using their strengths and expertise. In line with feminist behavior, all team members were (roughly) given the same amount of work, and similar strenuous levels of responsibility. (Editing may have been the hardest part.)

Because all of us had the same amount of work, we felt the same amount of stress and we encouraged each other to complete assignments, even if we went passed our deadline. As feminists, we gave each other grace in our shortcomings, and we finished the project strong. Empathy for people dealing with the issues that we discuss in the podcast is very important. I hope the empathy we have for each other can be felt and seen as people experience the podcast for themselves.



How The Podcast Will Impact

What do you think the impact of this project has been/will be?

We hope that the podcast will educate, inspire empathy, and call people to action. With luck, the statistics we provided will increase our credibility and evoke compassion from our audience. That compassion should then transform into drive to further inform their loved ones, and to carry the new knowledge to create and maintain healthy relationships with everyone (especially people of marginalized identities).





Interaction with The Public?

If you performed consciousness-raising exercises with others or if you displayed your project in a public forum (or even to a targeted audience), what kind of interaction did you have?

Since our podcast will be published on different social media platforms, our conversations about intersectionality will impact how others view pop culture, media, and literature. Not to mention, upon submitting the assignment and gaining traction on our podcast's page, we will have more to learn from viewers, listeners, and commenters about their experiences and research. Our podcast may even promote conversations and questions about the very social media platform that we may post to the users who are utilizing it.



Success



How successful do you feel your exercises were in realizing feminist goals and the aims of your specific project?

The exercises were pretty effective in allowing our group to come together on come feminist goals and how we wanted to approach the podcast structure. About halfway through our project, we ended up having some minor conflicts on the order in which we would discuss our topics, but after working a couple of the assignments together, we were able to figure out an order that suited all of our desires and needs. As we close with this presentation, our group is able to truly see the commonalities in our goals laid out in this assignment, and as we get closer to publishing our podcast, we are hopeful it reflects as such.



Y

